



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

REPORT

Activities in the institution from 1st April 2021 to 31st March 2022

© RGUHS, ZONAL QUIZ COMPETITION - BENGALURU ZONE

© On the occasion of the Silver Jubilee Celebrations of Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru, ZONAL QUIZ COMPETITION-BENGALURU ZONE was conducted on **5th April 2021** at Nagarjuna Hall, Sri Sri College of Ayurvedic Science and Research, Bengaluru.

Registration of all the participants from various colleges started at 8.30 am and was completed by 9:00 am. This was followed by the Inaugural ceremony held in the presence of Chief Guest Dr. Poornima B., Associate professor, Dept. of Dravyaguna, SDM Institute of Ayurveda and Hospital, Bengaluru. The programme was presided by Dr. Ganesh Puttur, Principal, SSCASR Bengaluru, Dr. Byresh A., Principal Adichunchanagiri Ayurveda Medical College, Nagarur, Bengaluru North, was co-host of the programme. Dr. Neelakanta J. Sajjanar, Associate professor, Dept of Kayachikitsa, SSCASR, Bengaluru and Dr. Amarnath B. V. B., Professor, Dept. of Shareera Rachana, Adichunchagiri Ayurvedic Medical College, Nagarur, Bengaluru North were convenors of the event. Dr. Roopa K. V., Associate Professor, Dept. of Roganidana and Vikruti Vijnana, SSCASR welcomed the guests, and Dr. Sri Nagesh K. A., Professor, and Head, Dept. of Samhita, Samskruta, and Siddhanta, SSCASR, Bengaluru, proposed the vote of thanks.

In total 13 teams from the Undergraduate/Intern category and 5 teams from the post-graduate category participated in the Quiz from different Ayurveda Medical Colleges of Bengaluru, Mysuru, and Tumkuru. The Undergraduate / Intern category quiz was held in the morning session. Team Sushrutha Ayurvedic Medical College, Bengaluru was the topper in the U.G. Quiz competition, and Team SSCASR, Bengaluru was the runner up.

Post Lunch, PG category quiz was conducted. The Team from Government Ayurveda Medical College, Mysuru topped in the quiz and Team JSS Ayurveda Medical College, Mysuru bagged the runner-up position.

Dr. Naveen V. Associate Professor, Dept. of Dravyaguna, SSCASR was the quiz master for both the sessions, supported by Dr. K. Savitha R. Shenoy, Dr. Roopa K. V. and Dr. Padma).



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

At the culmination of both the categories of Quiz, the Valedictory Ceremony was conducted at 4.30 pm. Dr. Sriharsha K.V., Associate professor, Dept. of Samhita Sanskrit, and Siddhanta, SSCASR announced the names of participants and winners for prize distribution. Winners and runners-up from both UG/Intern and PG categories were awarded trophies by dignitaries on the Diaz. Participation certificates were distributed to all the participants. Dr. Poornima B. was the chief guest of the ceremony. The program was presided by Dr. Ganesh Puttur, Principal SSCASR, Bengaluru. Dr. Aparna Desai, Vice-principal SSCASR, Bengaluru was also among the dignitaries on the Diaz. Dr. Amaranath B.V. B. welcomed the guests and Dr. Neelakanta J. Sajjanar delivered a vote of thanks. Both the Inauguration and Valedictory event were anchored by Dr. Sowmyashree U. P. Associate Professor, Department of Kayachikitsa, SSCASR, Bengaluru. The program was concluded with the singing of the National anthem. Breakfast, Lunch, and High Tea were arranged for all the participants in the morning, afternoon, and evening respectively. The overall event was knowledgeable, and fun filled.

© On the occasion of ‘**WORLD HEALTH DAY**’, a **WALKATHON** was organized with the theme “**FIT RGUHS FOR FIT INDIA**” on 7th April 2021 at 9.00 am.

All the teaching and non-teaching faculty, students of 1st year BAMS and participants those who have given the names for Placard competition actively participated in the event.

© DHANVANTARI HOMA and SHISHYOPANAYANA for the 1st year BAMS and PG scholars (2020-21 Batch) was conducted on Thursday, 8th April 2021. DHANVANTARI HOMA was conducted at 7.30 AM and onwards in front Lord Dhanvantari statue near reception area of our college.

© SHISHYOPANAYANA for the 1st year BAMS and PG scholars (2020-21 Batch) was also conducted on Thursday, 8th April 2021 at 11.30 am at Nagarjuna Hall.

All the teaching and non-teaching faculty attended the programme.

© GUEST LECTURE FROM NSS UNIT

© NSS unit of the college in association with the Department of Swasthavritta & Yoga, SSCASRH, Bangalore has organized an online guest lecture on the topic “Yogic Management of Non-



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

Communicable Diseases” on **11th June 2021**. Dr. Ishvar V. Basavaraddi, Director MDNIY, Ministry of AYUSH, Govt of India was the guest speaker.

- © On the occasion of "**7th International Day of Yoga**", the Department of PG Studies in Swasthavritta, SSCASRH, Bangalore has conducted an online competition "**Yogasana - Vlogging Competition**" for all students and staff of the college with the theme – "**Be with Yoga, Be at Home**" from **11th to 16th June 2021**.

Many participants took part in this online competition and posted their video of performing one of the Yogasanas and tagged it to the accounts on Facebook (@Swastha Sri Sri) and Instagram (@swastha_srisri) and used the hashtags #swasthasrisri and #sscascrbengaluru respectively.

- © NSS unit of our college in association with Department PG Studies in Swasthavritta & Yoga, SSCASRH, Bangalore virtually celebrated **International Day of Yoga** in our college on **21st June 2021** with the theme "**Yoga at home – Yoga for wellbeing**".

Yoga practice was done in the college premises by the Department PG Studies in Swasthavritta & Yoga, SSCASRH, Bangalore by some of the NSS volunteers and it was live streamed on Zoom Meeting App and Facebook page of our college. Nearly 400 participants attended the celebration virtually and made the event a grand success.

- © The department of PG studies in Shalya tantra, SSCASRH, Bangalore had organized Inauguration of "**SOLE MATE - PADASAMRAKSHANA – A FOOT CARE CLINIC**" on **29th June 2021** at Sushrutha Hall of Sri Sri College of Ayurvedic Science & Research Hospital, Bangalore. On this occasion a guest lecture was arranged on Diabetic Foot by Dr. Amit Jain, Director, Amit Jain's Diabetic Foot Care Centre, Bangalore.
- © Department of PG studies in Kayachikitsa, SSCASRH, Bangalore has conducted an exclusive webinar session "**Jnana Prabodha 2021**" on the topic "**Diagnosis and Management of Pakshaghata**" on **30th June 2021**. The webinar session was presided by Dr. Ravishankar Pervaje, Managing Director, Sushrutha Ayurveda Hospital, Putturu, Karnataka.
- © The Department of Samhita & Siddhanta has organized a Virtual "**SAMSKRITA SAMHASHANA SHIBIRA**" from **9th to 18th July 2021** with the association of AKSHARAM (SAMSKRITA



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

BHARATHI) Girinagar, Bangalore, between 9.30 am and 11.00 am. All the 1st Year BAMS students attended the Shibira.

- © Department of post graduate studies in Ayurveda Samhita and Siddhanta, SSCASRH, Bangalore conducted a guest lecture from Dr. Pankaj Pathak M. D. (Ayu), Ph. D. on the topic The effect of *Emblica officinalis Linn.* diet on lifespan, sexual behavior, and fitness characters in *Drosophila melanogaster* on **7th August 2021** and also the guest speaker had a discussion with post graduate scholars on various research conducted in the due course of his post-graduation.
- © The **Convocation Ceremony** for 2015-16 Batch Undergraduates was arranged on **12th August 2021**, 12.00 Noon at Vishalakshi Mantap, Art of Living International Centre, Bangalore in the Divine presence of POOJYA GURUDEV His Holiness Sri Sri Ravishankar Ji.

Dr. Ramakrishna Reddy, Hon'ble Registrar (Eva), Rajiv Gandhi University of Health Sciences, Bengaluru was the Chief Guest, and the ceremony was presided by Commodore H.G. Harsha, Hon'ble Chairman, SSRVM Trust, Director, SSCASRH, Bengaluru along with Dr. Ganesh Puttur, Principal, SSCASRH, Bengaluru, and teaching and non-teaching staffs of our college.

VIP Visit

- A visit of Dr. Ramakrishna K. Reddy, Registrar (Eva), RGUHS to our college and the hospital on **12th August 2021**.

Independence Day Celebration

- 75th Independence Day was celebrated in our college campus on Sunday, **15th August 2021** at 8.00 AM. All the Teaching, Non-Teaching staff of our College and Hospital, PG Scholars, Internees, and UG students attended the celebration.
- Chief Guest: Air Commodore Rabindra Merani Ji, Art of Living Ashram, Bengaluru.
- This event was Presided by Commodore H G Harsha, Hon'ble Chairman, SSRVM Trust, Director, SSCASRH, Bengaluru.

A guest lecture from Agada Tantra

- Guest lecture conducted by the department of Agada Tantra, Sri Sri College of Ayurvedic Science & Research on **17th August 2021**, Tuesday on the Topic- Management of Snakebite – A folklore approach, by guest speaker Dr. Shreevanita Venkat, Associate Professor, Muniyal college of Ayurveda, Manipal, Karnataka.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

- Programme was inaugurated by our beloved Principal, Dr. Ganesh Puttur, Vice-principal, Dr. Aparna Desai, and Professor & HOD, Dr. Veena Gangadhar and Dr. Gurusiddeshwar J. Kalyanimath, Associate Professor and Dr. Krishna Priya S Assistant Professor.
- Vice principal highlighted the importance of Astanga Ayurveda, wherein Agada Tantra describes the role of Visha chikitsa in Sarpa Visha, which is statistically significant in overcoming Sarpa Visha.

The following are the points discussed in the guest lecture:

- Introduction to snakes (both Ayurveda and modern aspect)
- Classification of snakes
- The general line of treatment
- Special treatment like - Ootu chikitsa, Jeevaraksha gulika orally and for application, Koli chikitsa...
- Folklore management of snakebite –first to identify whether the bite is poisonous or Non-poisonous, followed by its management.

Guest lecture

A guest lecture was arranged for the PG scholars of Dravyaguna and Rasa Shastra & Bhaishajya Kalpana department on **1st September 2021** at 12.00 noon.

TOPIC – “Global understanding of Flora in relevance to Ayurveda Concepts”

Name of the speaker – Dr. Ajayan, Professor & HOD, Ashtanga Ayurveda, Guruvayur.

REPORT OF FIELDTRIP TO TURAHALLI FOREST ON SEPTEMBER 1ST 2021

- As per the guidelines issued by the Department of AYUSH, Government of India, and National Commission for Indian System of Medicine on the occasion of “Azadi Ka Amrit Mahotsav” as a part of a year-long program survey of medicinal plants & Guest lecture was arranged.

The Post-Graduation studies in Department of Dravyaguna in coordination with NSS wing of Sri Sri College of Ayurvedic Science & Research along with the Guest Dr. Ajayan S., Professor & HOD, Dept. of Dravyaguna, Ashtanga Ayurveda College, Guruvayur, Kerala, conducted medicinal plants survey at local area, Karishma Hills, Turahalli Forest, Kanakapura Road on **1st September 2021**.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

A guest lecture was arranged for all the Postgraduate students and faculty by Dr. Ajayan S. on the topic "Global understanding of Flora by Ayurveda Principles". The inauguration session was presided by Dr. Ganesh Puttur, Principal, Sri Sri College of Ayurvedic Science & Research, Bengaluru. Dr. Sajitha K., PG coordinator addressed the gathering. Dr. Seema Pradeep, Professor & HOD, Dept. of Dravyaguna rendered a welcome speech and Dr. Naveen V. NSS program officer delivered a Vote of thanks. Dr. Mahesh C.D., Professor, Dept. of Dravyaguna introduced the Guest. Faculty members of various departments attended the Guest lecture.

REPORT OF A GUEST LECTURE ON SEPTEMBER 15th 2021

- © The month of September is considered as PCOS awareness month, the aim of which is to help, to improve the lives of those affected by PCOS and to overcome their symptoms as well as to prevent and to reduce their risks for further complications.

The Department of Post Graduate Studies in Prasuti tantra and Stree roga mark this occasion, with the divine blessings of Pujya Gurudev Sri Sri Ravishankar ji, conducted a knowledgeable guest lecture on the topic "Agni and its implications in PCOS" on Thursday, **15th September 2021**.

This program was conducted in association with NSS as a part of NCISM year-long activities of "AZADI KA AMRIT MAHOTSAV".

The resource person was Dr. Anupama V., Professor, and HOD, Department of Post Graduate Studies in Prasuti tantra and Stree roga, Sri Kalabhairaveshwara Ayurvedic Medical College, Bengaluru. delivered a guest lecture on the topic "Agni and its implications in PCOS". The speaker delivered a highly encouraging, knowledgeable, and revealing session.

The programme was presided by Dr. Ganesh Puttur, Principal, SSCASR, Bengaluru. Dr. Aparna S. Desai, Vice Principal and Dr. Savita Patil, HOD, Department of Post Graduate Studies in Prasuti tantra and Streeroga were also present on the stage.

The session was witnessed by the teaching faculty, PG scholars, and UG students. The session was concluded with valedictory regards.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

REPORT OF FIELDTRIP TO DEVARAYANDURGA FOREST ON SEPTEMBER 22nd 2021

- © As per the guidelines issued by the Department of AYUSH, Government of India, and National Commission for Indian System of Medicine on the occasion of “Azadi Ka Amrit Mahotsav” as a part of a year-long program survey of medicinal plants & Guest lecture was arranged for 3rd Year BAMS students (2018-19 Batch) and all PG scholars of Dravyaguna Vignyana department. The field trip was arranged to DEVARAYANDURGA FOREST by Department of PG studies in Dravyaguna Vignyana on WEDNESDAY, 22nd September 2021.

AZADI KA AMRIT MAHOTSAV – INAUGURATION OF ACTIVITIES

Introduction of the Programme:

The central Government has launched “Azadi ka Amrit Mahotsav” in March 2021 to commemorate 75th year of Independence and started a 75-week countdown to 75th anniversary of India’s Independence till August 2022.

Inauguration of the Programme:

As part of the celebration of “Azadi ka Amrit Mahotsav”, Ministry of AYUSH, Govt. of India and National Commission for Indian System of Medicine (NCISM), New Delhi planned a full year action plan and has instructed all the AYUSH institutions to conduct a yearlong programme by organizing Mass Lectures, Medical Camps and Distribution of IEC Materials among the students of Higher secondary schools and colleges and General Public on the following focal themes,

1. Disease Prevention and health promotive measures
2. Creating awareness about Medicinal plants
3. Promoting Local Traditional food and Lifestyle

NSS Day is celebrated on 24th of September every year since 1969 by Ministry of Youth Affairs and Sports, Government of India and the Ministry has also instructed the institutions with NSS wings to celebrate 75th year of Independence by conducting various service-oriented Programmes for the whole year.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

In this regard, we are happy to conduct the Inauguration of “Azadi ka Amrit Mahotsav” on NSS Foundation Day to celebrate yearlong activities from the Institution.

As Part of the Inauguration, we flagged off the events by conducting the following three programmes on 24th Sep 2021 after the inauguration,

1. Preventive and Health Promoting Measures in COVID through Ayurveda – SSRVM South School
2. Nutritional education to Girl Child and Nutritional Assessment Medical Camp – Kaggalipura Public School, Kaggalipura
3. Distribution of Medicinal Plants

Azadi Ka Amrit Mahotsav Inauguration

With the divine Blessings of His Holiness Sri Sri Ravishankar Guruji, the inauguration programme started by 10.30 AM in Sri Sri College of Ayurvedic Science & Research, Bengaluru presided by the Chief Guest - **Sri. Commodore H G Harsha ji**, Chairman and Trustee, SSRVM Trust; **Dr. Ganesh Puttur**, Principal, SSCASR, Bengaluru; **Dr. Naveen V.**, Coordinator, NCISM Activities of College & NSS Programme Officer, SSCASR, Bengaluru. All the teaching, non-teaching staff along with 1st year PG scholars attended the programme.

Dr. Naveen V gave a brief outline of the yearlong activities planned for the same. The chief guest **Sri. Commodore H. G. Harsha ji** inspired everyone to learn in every opportunity and spread Ayurveda knowledge to everyone also Information Education and Communication (IEC) brochures and pamphlets were launched. The Principal **Dr. Ganesh Puttur** encouraged everyone to be a part of the activities. The programme concluded by 11.15 AM by singing our National Anthem.

As part of Mahotsav, 3 Activities were planned as follows

1. **Talk on Nutritional education to Children and Nutritional Health Assessment Camp** at Kaggalipura Public School, Kaggalipura.

As part of Azadi ka Amrit Mahotsav activities and Poshana masa activities; NSS unit in association with the department of Post Graduate Studies in Kaumarabhritya of Sri Sri College of Ayurvedic Science and Research conducted a nutritional assessment medical camp at Kaggalipura Public school. A health talk



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

was delivered on the topic "**Importance of nutrition in childhood**" and also awareness talks for girl students on "**Menstrual cycle and nutritional aspects during menstruation**" was delivered. **167** students availed benefits from the above camp.

2. Preventive and Health Promoting Measures in COVID through Ayurveda at SSRVM South School.

Dr. Naveen V. delivered a talk on preventive and health promoting measures in Covid through Ayurveda to higher primary students of SSRVM South School. Nearly 60 students and staff attended the session. It was an interactive session involving the students and staff. Many students asked a few questions and cleared their doubts and were happy about gaining some knowledge about health through Ayurveda.

3. As part of spreading awareness about the medicinal plants, **Medicinal plant saplings were distributed** to non-teaching staff and the public.

An Educational Trip for 4th year B. A. M. S. students

⊙ The students of 4th year 2017-18 Batch were gone for Educational Trip (to Bowring Hospital and SSCASR campus) on **27th, 28th, 30th of September** and **1st October 2021**.

Following is schedule of Education Trip:

- | | | | |
|---|----------|---|------------------|
| ⊙ 27th and 28th September 2021 | Batch I | - | Bowring Hospital |
| ⊙ 27th and 28th September 2021 | Batch II | - | SSCASR |
| ⊙ 30 th September & 1st October 2021 | Batch II | - | Bowring Hospital |
| ⊙ 30 th September & 1st October 2021 | Batch I | - | SSCASR |

A REPORT OF GUEST LECTURE ON 27TH SEPTEMBER 2021

As a part of year long programme to be conducted according to the guidelines of the National Commission for Indian System of Medicine on the occasion of "Azadi Ka Amrit Mahotsav", Department of Post Graduate Studies in Dravyaguna, SSCASR, Bengaluru and NSS Unit had organized a Guest lecture for all the second year BAMS students and post graduate students of Department of Post Graduate Studies in Dravyaguna on **27/09/21** from 2.30 pm to 4.00 pm.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

Dr. Shubhashree M.N., Scientist, CCRAS was the speaker for the day on the topic 'Bird's eye view on Vargas w.r.t Shaka Varga'. The event was started by seeking the blessings of almighty. Dr Seema Pradeep, Professor and HOD, Department of Post Graduate Studies in Dravyaguna welcomed the gathering.

The programme was followed by lighting the lamp and Presidential address from the Vice Principal, Dr. Aparna Desai. The speaker began the lecture by explaining the meaning of healthy diet in present scenario, significance of Vargas, classification of Ahara Vargas and importance of Shaka Varga.

The event came to an end with the Vote of Thanks proposed by Dr. Aathira Sreekumar -Assistant Professor, Department of Dravyaguna. The Guest speaker was felicitated by Dr.Ganesh Puttur Principal SSCASR, Bengaluru.

An Educational Trip on 29TH SEPTEMBER 2021

- ⊙ Department of Post Graduate Studies in Swasthavritta has arranged an Educational Trip is to **MYSORE** on Wednesday, **29th September 2021** for all the **Third year BAMS** Students and Post Graduate Students of Department of Post Graduate Studies in Swasthavritta.

Sports Meet

- ⊙ College Annual Sports "KRIDASRI" was held from **2nd October 2021** to 5th October 2021.

REPORT OF FIELD TRIP TO SAVANADURGA ON 8TH OCTOBER 2021

- ⊙ As a part of U.G and P.G academic activity, the department of Post graduate Studies in Dravyaguna Vigyana, Sri Sri College of Ayurvedic Science and Research Bangalore organized a field trip for the survey of medicinal plants to SAVANADURGA, Ramanagara district, on Thursday **8th October 2021**.
- ⊙ P.G. Scholars of Department of Dravyaguna and 2nd year U.G. students along with Department faculties Dr. Mahesh C. D, Dr. Naveen V, DR. Shivmanjunath and Dr. Aathira Sreekumar, started the journey from college towards Savanadurga at 9 AM.
- ⊙ The survey of the medicinal plants began from the hilly terrain of Lakshmi Narasimha swamy temple led by DR. Shivmanjunath. Important medicinal plants like Jeevanthi, Patala, *Wrightia tomentosa*, *Sida cordifolia*, *Plumeria alba*, Jyothishmathi, *Dioscorea pentaphylla*, Vasa, Bhumi eranda, Jingini,



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

Bhumi amalaki bheda, sariva bheda, ankola etc., were spotted and more than 30 medicinal plants were identified and collected.

The survey ended by 2 PM. After having lunch, the team reached back to college around 5 PM. The collected samples were preserved in the department of Post graduate Studies in Dravyaguna Vigyana.

An Educational Trip on 8TH OCTOBER 2021

- **Department of Post Graduate Studies in Swasthavritta** has arranged an Educational Trip is to BAMUL Milk Dairy, Shivanahalli, Kanakapura on **8th October 2021** for all the **Third year BAMS** Students and **Post Graduate Students** of Department of Post Graduate Studies in Swasthavritta.

An interaction session with expert

- An interaction session with expert was organized by the Department of postgraduate studies in Kayachikitsa, SSCASRH, Bangalore for the PG scholars. Dr. Manjunath Adiga, Professor, Sri Kalabhairaveshwara AYURVEDIC MEDICAL COLLEGE, Bengaluru interacted with PG scholars and guided in many academic and clinical areas of the subject.

A mock practical and viva voce examination was also conducted for the Final year PG scholars in the presence of the guest speaker.

Free Medical Camp, NSS Unit

On the occasion of National Ayurveda Day and as part of Azadi ka Amrit Mahotsav celebrations, NSS unit of Sri Sri College of Ayurvedic Science and Research, Bangalore in association with National Ayurveda Research Institute (CCRAS initiative) organized a free Ayurvedic medical camp at Mangala village, Mandya district on **02/11/2021**.

More than 400 patients benefitted from the camp. Free eye checkup was also conducted and free reading glasses were distributed to the beneficiaries. Free ayurvedic medicines were distributed to the patients who attended the camp. Free gynecology consultation was organized and medicines were distributed to the students of Morarji Desai pre-university college of Mangala village. More than 500 saplings of Guduchi (Amrita) were distributed to the villagers as part of "Amrita for Life" campaign which is funded by National Medicinal Plant Board, Government of India.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

KANNADA RAJYOTHSAVA CELEBRATION

© KANNADA RAJYOTHSAVA was celebrated in our college Campus on **26th November 2021** at 9.15 am. Chief Guest for the event was Commodore H G Harsha ji, Chairman and Trustee, Sri Sri Ravishankar Vidya Mandir Trust.

All the staff and students were attended the programme.

Report on CME

The scientific session on the topic "**PRACTICAL APPROACH ON PARADA ASHTHA SAMSKARAS and A GLIMPSE OF SUVARNA BHASMA PREPARATION**" was organized by the Department of PG Studies in **RASASHASTRA** and **BHAISHAJYA KALPANA, SSCASRH, Bangalore** on **26th November 2021**.

The programme was started around at 2.30 PM by chanting Ashwini Sookta to invoke the blessings of Lord Ashwini Kumaras by our Post Graduate students Dr. Anita and Dr. Chitkala and all the dignitaries lighted the lamp to lighten our special day.

All the guest's and dignitaries were welcomed to the scientific session by Dr.Sangeeta. Then the presidential address was delivered by our beloved Principal, Dr.Ganesh Puttur.

Introduction of Guest Speaker **Dr. SANDEEP N. MANNOPANTAR** and our program Supporter Dr. **SADANAND B. PATRI** was introduced by Dr. Malavi Shayan. Our Guest Speaker was Felicitated with a memento of Art of living Ashram & a certificate of appreciation as a token of gratitude from the management of SSCASRH, Bangalore.

The scientific session was started at 3.05 PM and ended at 4.30 PM. The session was very interesting, interactive and lively. All the 2nd year UG students, PG scholars, and faculty members enjoyed and recognized the importance of practical aspects of systematically performed Parada Ashtha Samkaras and Suvarna Bhasma through the displayed videos.

At the end Thankfulness was showered to the guest speaker to all those who attended by Dr. Vikram Shivappa, - HoD and Dr. Manoj Kumar Samantaray, the department of PG Studies in **RASASHASTRA** and **BHAISHAJYA KALPANA, SSCASRH, Bangalore**. High tea was arranged to all at the end of session.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

Sri Sri Tattva Factory Visit

- © As part of academic curriculum, a factory visit at **Sri Sri Tattva, Bengaluru** was arranged on **14th** and **15th December 2021** for **2nd year BAMS students** in two batches.

GUEST LECTURE

- ☛ Department of PG Studies in **Prasuti Tantra & Stree Roga, SSCASRH, Bangalore** arranged a Guest lecture for **3rd year BAMS students (2018-19 Batch)** and department PG scholars on **30th November 2021** at 3.00 pm.

TOPIC: "An interactive session on Gynaecological disorders"

Name of the speaker: **Dr. Asha Sreedhar**, Professor & HOD, Department of Post Graduate Studies in Prasuti Tantra and Stree Roga, Government Ayurveda Medical College Hospital for women and Children, Trivandrum, Kerala.

An Educational Trip

- © An **Educational Trip** was arranged on **18th December 2021** and **1st January 2022** to **NIMHANS, Bengaluru** for the **First year BAMS students** in two batches.

Republic Day Celebration

- ☉ 73rd Republic Day celebration and flag hoisting was held in our college campus on Wednesday, **26th January 2022** at 8.30 AM. All the Teaching, Non-Teaching staff of our College and Hospital, PG Scholars, Internees, and UG students attended the event.

Virtual State Youth Parliament - 2022

- ☉ The NSS Unit of Sri Sri College of Ayurvedic Science and Research, Bengaluru, in collaboration with Nehru Yuva Kendra Sanghatana Karnataka, Ministry of Youth Affairs and Sports, Government of India, hosted the **Virtual State Youth Parliament - 2022** on **February 28th, 2022** as part of the National Youth Parliament festival.
- ☉ 56 dynamic youths from Karnataka's various districts deliberated their thoughts on subjects such as Sabka Sath Sabka Vikas Aur Sabka Vishwas, Sankalp se Siddhi, Ek Bharat Shreshtha Bharat, Beej Se



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

Bazaar Tak and Lab to Land, Make in India, Khelo India-Fit India, Start up India-Stand up India. Prof. Muralidhara N, Prof. Malathi K, Prof. Srinagesh, Prof. Savitha K Shenoy and Prof. Roopa KV were the jury members of the State Youth Parliament.

Three top speakers were chosen from the young brainstorming sessions to participate in the National Youth Parliament, which will be held in Delhi in March 2022

A guest lecture from the Department of Post Graduate studies in Prasooti Tantra and Streeroga

☛ Celebrated on **March 8th** every year, this day is symbolic of the historic journey women around the world have taken to better their lives. It comes as a reminder that while a lot has been achieved, the journey is long and a lot more needs to be done.

To mark this occasion, with the divine blessings of Gurudev Sri Sri Ravishankar Ji, Department of Post Graduate studies in Prasuti Tantra and Stree Roga has conducted a knowledgeable guest lecture on the topic “Commonly used medicines in Prasuti Tantra & Stree Roga”.

The speakers with these immense credentials delivered a highly encouraging, knowledgeable, and revealing session.

The program also included an annual report on the achievements of the Department of Prasuti Tantra and Stree Roga by Dr. Savita Patil, Professor and HOD, Department of Prasuti Tantra and Stree Roga.

Name of the speaker – Dr. Papiya Jana, Associate Professor, Department of Prasuti Tantra & Stree Roga, Sri Kalabyaveswara Swamy Ayurvedic Medical College and Research Centre, Bengaluru.

The session was presided by the CAO of our hospital Mr. P. Venkateshji, and Dr. Ganesh Puttur, Principal, Dr. Aparna S. Desai, Vice Principal, Dr. Sajita K., PG coordinator along with all teaching faculty, PG scholars, Internees, and 3rd year UG students.

☛ On **March 17th, 2022**, The NSS Unit of Sri Sri College of Ayurvedic Science and Research Bengaluru in collaboration with Department of Youth Empowerment and Sports, Government of Karnataka, National Service Scheme, NSS Regional Directorate Bengaluru, Rajiv Gandhi University of Health Sciences, Karnataka inaugurated the 7-day **National Integration Camp** was held at the campus from **16th to 22nd March 2022**.



SSRVM TRUST (Regd.)

Sri Sri College of Ayurvedic Science and Research

An ISO 9001 : 2008 Certified Institution

Affiliated to Rajiv Gandhi University of Health Science - Karnataka
Recognised by CCIM & Permitted by Government of India.

- The camp was inaugurated by Sri Khadri Narasimhaiah, Regional Director, Regional Directorate of NSS, Bengaluru, Karnataka in the presence of Chief Guest Smt.Jaina Desai, Trustee, SSRVM Trust, Bengaluru. Dr Vasantha Shetty, Deputy Registrar, NSS Programme Coordinator, RGUHS, Karnataka welcomed the gathering. The function was presided by Dr. Ganesh Puttur, Principal, Dr.Naveen V, NSS Programme Officer, NIC Camp Coordinator, Sri Sri College of Ayurvedic Science and Research Bengaluru. NSS Coordinators, NSS volunteers and teaching and non-teaching staff of Sri Sri College of Ayurvedic Science and Research Bengaluru were present during the programme.
- 120 NSS volunteers from different Universities across the states of Karnataka, Kerala, Tamilnadu, Andhra Pradesh, Telangana and Maharashtra participated in the event along with their programme officers.
- The volunteers came in their traditional attire and gave a special demo of National Integration by forming The Map of India during the inauguration.

Date: Tuesday, May 24, 2022

Place: Bengaluru

PRINCIPAL
PRINCIPAL

Sri Sri College of Ayurvedic Science and Research
21st KM, Kanakapura Road, Udayapura Post
Bangalore - 560 082, Karnataka