

## SRI SRI COLLEGE OF AYURVEDIC SCIENCE AND RESEARCH

21st km, KANAKAPURA ROAD, UDAYAPURA P.O. BANGALORE - 560082

### Time-Table for 2nd Prof. BAMS (Batch 2023-24) with effect from 10-02-2026

DAYS	9.00 AM TO 9.50 AM	9.50 AM TO 10.40AM	10.40 10.50 am	10.50AM TO 11.40 AM	11.40 AM TO 12.30 PM	12.30 PM- 1.10 PM	1.10 pm - 2.00 pm	2.00 PM TO 2.50 PM	2.50PM TO 3.40PM	3.40 PM TO 4.30PM
Mon	Swasthavritta Dr. Deepthi R Asso.Professor	Dravyaguna Vigyan Dr. Aathira Sreekumar Asso.Professor	S R I S R I C O L L E G E O F A Y U R V E D I C S C I E N C E A N D R E S E A R C H	Batch -A DG Dr. Aathira Sreekumar - Asso.Professor/ Dr.Shivamanjunath - Pharmacognosist Batch - B RSBK Dr. Malavi Shayan- Asso.Professor Batch -C RN Dr. Aparna S Desai - Professor Batch - D SW Dr. Ahana Balakrishhna - Asst.Professor				Roga Nidana Dr. Savitha V Kudari Asso.Professor	Agada Tantra & Vidhi Vaidyaka- Dr. Gurusiddeshwar J Kalyanimath Professor	RSBK NLH(P) Dr. Saran Babu - Asso.Professor/ Dr. Loganathan Sorubini Asst.Professor
Tue	Roga Nidana Dr. Midhu Parvathy B Asso.Professor	Agada Tantra & Vidhi Vaidyaka Dr. Veena Gangadhar Professor		Batch -B DG - Dr. Naveen V - Asso.Professor / Dr.Shivamanjunath -Pharmacognosist Batch - C RSBK Dr. Sangeeta Rao - Professor Batch -D RN Dr. Roopa K V - Professor Batch - A SW Dr. Ashoka A - Professor/ Dr. Sajitha K - Professor				Swasthavritta Dr. Rakshith K R Asso.Professor	Mentors Session	Dravyaguna Vigyan Dr. Naveen V Asso.Professor
Wed	Samhita Adhyayan - 2 Dr. Arpan Chowdhury Asst.Professor	RSBK Dr. Sangeeta Rao Professor		Practicals Agada Tantra - A + B - Dr. Krishna Priya S - Asso.Professor SA 2 C + D - Dr. Keskar Kirti Anil - Asso.Professor	LIBRARY			Roga Nidana Dr. Roopa K V Professor	Swasthavritta Dr. Ahana Balakrishhnan Asst.Professor	Meditation (List of incharge is attached)
Thu	RSBK Dr. Loganathan Sorubini Asst.Professor	Swasthavritta Dr. Vineeta Lakshmi Dudgundi Asst.Professor		Practicals Agada Tantra- C + D - Dr.Gurusiddeshwar J Kalyanimath- Professor / Dr. Veena Gangadhar - Professor SA 2 - A + B - Dr. Arpan Chowdhury- Asst.Professor	LIBRARY			Dravyaguna Vigyan Dr. Mahesh C.D Professor	Samhita Adhyayan - 2 Dr. Keskar Kirti Anil Asso.Professor	Swasthavritta NLH (P) Dr. Ashoka A Professor
Fri	Agada Tantra Dr. Krishna Priya S Asst.Professor	Roga Nidana Dr. Aparna S Desai Professor		Batch -C DG Dr. Giri Prashanth K.G - Professor / Dr.Shivamanjunath - Pharmacognosist Batch - D RSBK Dr. Loganathan Sorubini Batch -A RN Dr. Savitha V Kudari - Asso.Professor Batch - B SW Dr. Deepthi R / Dr. Vineeta Lakshmi Dudgundi - Asst.Professor				RSBK Dr. Malavi Shayan - Asso.Professor	Dravyaguna Vigyan Dr. Seema Pradeep Professor	Roga Nidana NLH (P) Dr. Savitha V Kudari - Asso.Professor / Dr. Aparna S Desai - Professor
Sat	Dravyaguna Vigyan Dr. Giri Prashanth K.G - Professor	RSBK Dr.Saran Babu Asso.Professor		Batch - D DG Dr. Seema Pradeep - Professor / Dr.Shivamanjunath Batch - A RSBK Dr. Saran Babu- Asso.Professor Batch - B RN Dr. Midhu Parvathy B - Asso.Professor Batch - C SW Dr. Rakshith K R -Asso.Professor / Dr. Vineeta Lakshmi Dudgundi - Asst.Professor				Roga Nidana Dr. Midhu Parvathy B -Asso.Professor / Dr. Roopa K V -Professor	RSBK Dr. Vikram S Professor	Sports

\* Note: PER WEEK LH, NLH(T) & NLH(P) CLASS ratio to be followed as - SW 2:2:4, RSBK 2:3:4, RN 2:3:4, DG 2:2:4, AT 2:1:2, SA 1:1:2]

Dravyaguna Vigyan	<i>[Signature]</i>	Rasashastra evam Bhaishajyakalpna	<i>[Signature]</i>	Ayurveda Samhita and Siddhanta	<i>[Signature]</i>	Swasthavritta	<i>[Signature]</i>
Agada Tantra & Vidhi Vaidyaka	<i>[Signature]</i>	Roga Nidana	<i>[Signature]</i>				<i>[Signature]</i>

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VICE-PRINCIPAL

PRINCIPAL

Sri Sri College of Ayurvedic Science and Rese  
21stKM, Kanakapura Road, Udayapura Post  
Bangalore-560 082, Karnataka

## SRI SRI COLLEGE OF AYURVEDIC SCIENCE AND RESEARCH

21st KM, KANAKAPURA ROAD, UDAYAPURA P.O, BANGLORE - 560082

**TIME -TABLE FOR 1ST Prof. BAMS (Batch 2025-26) with effect from 23-02-2026**

Day	9.00 AM - 9.50 AM	9.55 AM - 10.40 AM	10.40 - 10.50	10.50 AM - 11.40 AM	11.40 AM - 12.30 PM	12.30 - 12.50 PM	12.50 - 1.45	1.45 PM - 2.40 PM	2.40 PM - 3.35 PM	3.35 PM - 4.30PM
Mon	Padartha Vignana - II (LH) Dr. K Savitha R Shenoy Professor	Sanskrit (LH) Prof. Sreekar Hegde Professor	S H O R T B R E A K	Library	Padartha Vignana I - (NLH) Dr. Ranjith Kumar Shetty Asso. Professor	Meditation - SS & S	L U N C H B R E A K	Shareera Rachana (NLH) Dr. Athira K Asst. Professor	SR Dissection: Batch B1 - Dr. Praveen Kumar H - Professor Batch B2 - Dr. Santosha Dixit - Professor SK Lab: Batch A1 - Dr. Jalindar Pramod, Dhamale - Professor & Batch A2 - Dr. Viraktamath Virupaxayya - Asso. Professor	
Tue	Samhita Adhyayana - I (LH) Dr. Arpan Chowdhary - Asst. Professor	Sanskrit (NLH) Prof. Sreekar Hegde Professor		Shareera Kriya - I / II (LH/NLH) Dr. Varuni S J Professor	Samhita Adhyayana - I (NLH) Dr. Keskar Kirti Anil Asso. Professor	Meditation - SS & S		Padartha Vignana I (LH) Dr. Ranjith Kumar Shetty Asso. Professor	SR Dissection: Batch A1 - Dr. Santosha Dixit - Professor & Batch A2 - Dr. Athira K - Asst. Professor SK Lab: -Batch B1 - Dr. Varuni S J - Professor & Batch B2 - Dr. Viraktamath Virupaxayya - Asso. Professor	
Wed	Shareera Kriya - I (LH/NLH) Dr. Jalindar Pramod Dhamale Professor	Padartha Vignana - I (NLH) Dr. Ranjith Kumar Shetty Asso. Professor		Sanskrit (NLH) Prof. Sreekar Hegde Professor	Shareera Rachana (LH) Dr. Athira K Asst. Professor	Meditation - SR		Samhita Adhyayana - I (NLH) Dr. Arpana P V Asst. Professor	SR Dissection: Batch B1 - Dr. Athira K - Asst. Professor Batch B2 - Dr. Santosha Dixit - Professor SK Lab: Batch A1 - Dr. Jalindar Pramod Dhamale - Professor & Batch A2 - Dr. Viraktamath Virupaxayya - Asso. Professor	
Thu	Shareera Kriya - I / II (LH/NLH) Dr. Varuni S J Professor	Samhita Adhyayana - I (LH) Dr. Arpana P V Asst. Professor		Shareera Rachana (LH) Dr. Santosha Dixit - Professor	Sanskrit (LH) Prof. Sreekar Hegde - Professor	Meditation - SR		Padartha Vignana - II (LH) Dr. K Savitha R Shenoy - Professor	SR Dissection: Batch A1 - Dr. Athira K - Asst. Professor & Batch A2 - Dr. Praveen Kumar H - Professor SK Lab: Batch B1 - Dr. Varuni S J - Professor & Batch B2 - Dr. Viraktamath Virupaxayya - Asso. Professor	
Fri	Shareera Kriya - I (LH/NLH) Dr. Jalindar Pramod Dhamale - Professor	Samhita Adhyayana - I (NLH) Dr. Arpana P V Asst. Professor		Shareera Rachana - II (NLH) Dr. Santosha Dixit Professor	Shareera Kriya - I / II (LH/NLH) Dr. Viraktamath Virupaxayya Asso. Professor	Meditation - SK		Sanskrit (Practical) Prof. Sreekar Hegde Professor	SR Dissection: Batch B1 - Dr. Praveen Kumar H - Professor & Batch B2 - Dr. Santosha Dixit - Professor SK Lab: Batch A1 - Dr. Jalindar Pramod Dhamale - Professor & Batch A2 - Dr. Viraktamath Virupaxayya - Asso. Professor	
Sat	Sanskrit (LH) Prof. Sreekar Hegde Professor	Mentoring Session		Shareera Rachana I (NLH) Dr. Praveen Kumar H Professor	Samhita Adhyayana - I (NLH) Dr. Arpan Chowdhury Asst. Professor	Meditation - SK		Samhita Adhyayana - I (LH) Dr. Keskar Kirti Anil Asso. Professor	SR Dissection: Batch A1 - Dr. Athira K - Asst. Professor & Batch A2 - Dr. Praveen Kumar H - Professor SK Lab: Batch B1 - Dr. Varuni S J - Professor & Batch B2 - Dr. Viraktamath Virupaxayya - Asso. Professor	

**\*\*Note:** Meditation in charge. MON & TUE Samhita, Siddhantha and Samskrita-, WED & THU Shareera Rachana- and FRI & SAT- Shareera Kriya

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Batch A1 : 1-25  
Batch A2 : 26-50  
Batch B1 : 51-75  
Batch B2 : 76-100

Shareera Kriya  
Shareera Rachana  
Samhita, Samskrita and Siddhanta

Dr. Jalindar Pramod Dhamale  
Dr. Praveen Kumar H  
Dr. Srinagesh K A

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LH /NLHT:TIME -TABLE FOR 3rd Prof. BAMS (Batch 2021-22) with effect from 01-01-2026

Days	9.00 AM - 9.55 AM	9.55 AM - 10.55 AM	11.00 AM - 11.55 AM	11.55 AM - 12.50 PM	1.45 PM - 2.40 PM	2.40 PM - 3.35 PM	3.35 PM - 4.30PM
Mon	NLHP	S H O R T T B R E A K	Kayachikitsa (LH /NLHT) Dr. Sowmyashree U.P Asso.Professor	Panchakarma (LH /NLHT) Dr. Prarthana T Asso.Professor	Research Methodology & Bio-Statistics (LH /NLHT) Dr. Mahesh C D- Professor/ Dr. Viraktamath V L Asso.Professor	Kaumarabhritya (LH /NLHT) Dr. Nimmi V Professor	Shalya Tantra (LH /NLHT) Dr. KM Sweta Professor
Tue			Panchakarma (LH /NLHT) Dr. Sreejith R Asst.Professor	Samhita Adhyayan - III - (LH /NLHT) Dr. Sri Nagesh K.A. Professor	Prasuti Tantra & Stree Roga (LH / NLHT) Dr. Vanishree S K Asst.Professor	Shalya Tantra (LH /NLHT) Dr. Dhyan Surendranath Asso.Professor	Kayachikitsa (LH /NLHT) Dr. Arif Khan J S Asso.Professor
Wed			Shalakyta Tantra (LH /NLHT) Dr. Swathi A C Asst.Professor	Kayachikitsa (LH /NLHT) Dr. Gayathri R Asso.Professor	Shalya Tantra (LH /NLHT) Dr. Ranjana Urs K L Asst.Professor	Kaumarabhritya (LH /NLHT) Dr. Divyasri R.A. Professor	Shalakyta Tantra (LH /NLHT) Dr. Naveen B.S. Professor
Thu			Kaumarabhritya (LH /NLHT) Dr. Sharvari S Deshpande Asso.Professor	Panchakarma (LH /NLHT) Dr. Kripa Thomas Asst.Professor	Samhita Adhyayan - III :Sloka Parayana (LH /NLHT) Dr. Sri Nagesh K.A. Professor	Kayachikitsa (LH /NLHT) Dr. Manasa M Asst.Professor	Prasuti Tantra & Stree Roga (LH /NLHT) Dr. Supriya B Asst.Professor
Fri			Shalya Tantra (LH /NLHT) Dr. Vivek J Professor	Prasuti Tantra & Stree Roga (LH /NLHT) Dr. Shubha Ural Asso.Professor	Samhita Adhyayan - III (LH /NLHT) Dr. Arpana P V Asso.Professor	Shalakyta Tantra (LH /NLHT) Dr. Geetha Kumari B Professor	Kayachikitsa (LH /NLHT) Dr. Neelakanta J Sajjanar Professor
Sat			Meditation / Mentor	Kayachikitsa (LH /NLHT) Dr. Lakshmi Lal Asst.Professor	Shalya Tantra (LH /NLHT) Dr. Keya Sonawala Asst.Professor	Shalakyta Tantra (LH /NLHT) Dr. Laxmi M Naik Asst.Professor	Kaumarabhritya (LH /NLHT) Dr. Arathy Mohan Asso.Professor

Note: The practical classes of the Dept. of Shalakyta Tantra, Shalya Tantra and Kayachikitsa will commence at 8am daily.

Kayachikitsa	<i>Swathi</i>	Panchakarma	<i>Sowmya</i>	Research	<i>Viraktamath</i>	Kaumarabhritya	<i>Nimmi</i>
Shalya Tantra	<i>Swathi</i>	Shalakyta Tantra	<i>Swathi</i>	Prasuti Tantra & Stree Roga	<i>Vanishree</i>		
Ayurveda Samhita and Siddhanta	<i>Swathi</i>						

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**SRI SRI COLLEGE OF AYURVEDIC SCIENCE AND RESEARCH, BENGALURU**  
**DEPARTMENTS OF PG STUDIES TIME TABLE FOR 1<sup>ST</sup> YEAR MD/MS BATCH (SEM-1: 2025-2026) - w.e.f 02-02-2026**

DAY	9.00AM- 10.00 AM	10.00AM- 11.00AM (Theory)	11.00AM-1.00PM (Practical Training)	1.00P M – 1.45P M	1.45PM-4.30 PM (Experiential Learning)		
MON	DEPARTMENTAL ACTIVITY	RESEARCH METHODOLOGY Dr. Naveen V Asso.Professor	RESEARCH METHODOLOGY Dr. Naveen V Asso.Professor	LUNCH BREAK	1.45PM-2.45PM BIO-STATISTICS Dr.Virupaxayya V L Asso.Professor	2.45PM-4.30PM RESEARCH METHODOLOGY Dr. Mahesh C.D Professor	
TUE	DEPARTMENTAL ACTIVITY	BIO-STATISTICS Dr. Vineeta Lakshmi Dudgundi Asst.Professor	BIO-STATISTICS Dr. Vineeta Lakshmi Dudgundi Asst.Professor		1.45PM-2.45PM BIO-STATISTICS Dr.Virupaxayya V L Asso.Professor	2.45PM-3.45PM RESEARCH METHODOLOGY Dr. Mahesh C.D Professor	3.45PM – 4.30PM BIO-STATISTICS Dr. Vineeta Lakshmi Dudgundi Asst.Professor
WED	DEPARTMENTAL ACTIVITY	RESEARCH METHODOLOGY Dr. Mahesh C.D Professor	BIO-STATISTICS Dr.Virupaxayya V L Asso.Professor		RESEARCH METHODOLOGY Dr. Mahesh C.D Professor		
THU	DEPARTMENTAL ACTIVITY	BIO-STATISTICS Dr. Vineeta Lakshmi Dudgundi Asst.Professor	BIO-STATISTICS Dr. Vineeta Lakshmi Dudgundi Asst.Professor		INTERDEPARTMENTAL SEMINAR		
FRI	DEPARTMENTAL ACTIVITY	RESEARCH METHODOLOGY Dr. Ravishankar Pharmacologist	RESEARCH METHODOLOGY Dr. Ravishankar Pharmacologist		RESEARCH METHODOLOGY Dr. Naveen V Asso.Professor		
SAT	DEPARTMENTAL ACTIVITY	BIO-STATISTICS Dr.Virupaxayya V L Asso.Professor	BIO-STATISTICS Dr.Virupaxayya V L Asso.Professor		BIO-STATISTICS Mr. Praveen Singh Biostatistician		

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**PG COORDINATOR**  
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